

# How to fit DEPEND® Fitted Briefs

## STEP A

Ensure groin area is thoroughly cleaned and dried prior to changing DEPEND® Brief.



## STEP B

Unfold DEPEND® Brief and expand front and rear sections.

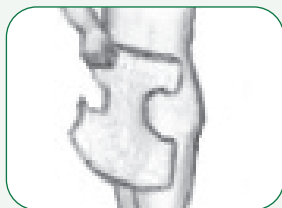


## STEP C

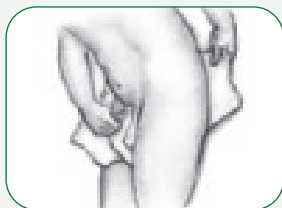
Fold DEPEND® Brief lengthways to channel product.



## STANDING



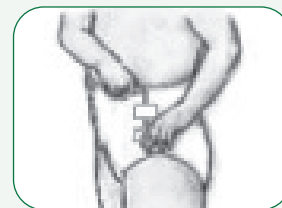
1. With tape end at the back, fit DEPEND® Brief snugly into the crotch.



2. Pull up front section and smooth.



3. Fasten bottom tape on each side, pointing upwards.



4. Then fasten top tape on each side, pointing downwards to get a snug fit.

## SITTING



1. With tape end at the back, place unfolded DEPEND® Brief onto chair and sit resident onto brief.



2. Pull front of DEPEND® Brief up between crotch, while holding the seat of the DEPEND® Brief at the crotch.



3. Expand both sides of the DEPEND® Brief and smooth front and back.



4. Bring both sides of the back section around the hips and over the front of the DEPEND® Brief.



5. Fasten bottom tape on each side first, pointing upwards and then fasten top tape on each side, pointing downwards to get a snug fit.

## LYING DOWN



1. With resident on side gently fit DEPEND® Brief into groin with tape section at the back.



2. Expand the back of the DEPEND® Brief and smooth before rolling resident onto back.



3. Expand the front of DEPEND® Brief and smooth.



4. Bring each side from back section over the front and fasten bottom tape on each side, pointing upwards.



5. Then fasten top tape on each side, pointing downwards to get a snug fit.

## Tips

- Apply the brief from the wearer's front to back
- If the only practical way is from the back, be careful not to 'drag' the brief over the peri-anal area
- Ensure wetness indicator is aligned with the centre of the body
- After application, check waistband, crotch & tabs for correct fit
- Ensure leg elastics are fitted into the groin



For more information or a free sample call  
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