

How to fit DEPEND® Flex

STEP A

Ensure the groin area is thoroughly cleaned and dried prior to changing DEPEND® Flex.



STEP B

Unfold DEPEND® Flex and expand waist belt and front section.



STEP C

Fold DEPEND® Flex lengthways to channel product.



STANDING



1. Place waist belt around waist and fasten.



2. Fit snugly into crotch, bring front of DEPEND® Flex up and fasten Velcro to the waist.



3. Adjust as necessary for comfort and fit (ensure velcro does not come into contact with the skin).

SITTING



1. Expand waist belt.



2. Secure waist belt around waist. Sit the resident in the chair.



3. Place front of DEPEND® Flex up into the crotch, while holding the seat of the DEPEND® Flex at the crotch. Expand both sides of the DEPEND® Flex and smooth back and front.

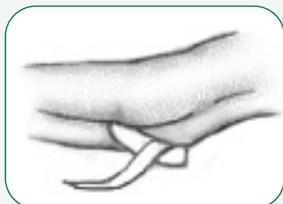


4. Attach velcro fasteners to the waist belt. Adjust as necessary for comfort and fit.

LYING DOWN



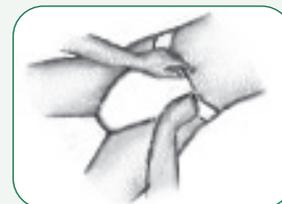
1. Open out waist belt and put the DEPEND® Flex product on the bed.



2. Roll resident to one side and feed the waist belt underneath.



3. Roll the resident back and secure waist belt.



4. Bring through other side of the waist belt, attach waist belt around resident's waist, fit front of DEPEND® Flex into groin and attach velcro to waist belt. Adjust for comfort and fit.

Tips

- Make sure the Velcro does not contact the skin.
- Ensure wetness indicator is aligned with the centre of the body (to division of buttocks).
- After application, check waistband & crotch for correct fit.
- Ensure leg elastics are fitted into the groin.